

FRITTATA



Beat 5 eggs together

Add 8 oz. cottage cheese

Add 2 cups grated cheddar jack (or other cheese)

Add $\frac{1}{4}$ cup flour

Add $\frac{1}{2}$ tsp. baking powder

Add one 4-oz. can of chopped green chilis, drained

Grease 8 x 8 pan and bake at 375 degrees for about 40 minutes until firm.

Salt is optional

(If other vegetables like mushrooms, spinach, broccoli, etc are used, steam or sautee first.)

Double recipe for larger group, using 13 x 9 pan, baking for $\frac{1}{2}$ hour or so.

Jennifer Booker 3/15