

American Hot Cocoa



Stir together in a small, heavy saucepan:

1 Tbs. unsweetened cocoa

1 tsp. sugar

¾ cup milk (vigorously stir in, first by tablespoons and then in a slowly, steady stream)

Heat, stirring constantly and scraping the bottom of the pan, over medium heat just until bubbles appear at the sides. Remove from the heat and stir in:

1/8 tsp. vanilla

Top with:

Ground nutmeg or cinnamon

Whipped cream or marshmallows

Source: Joy of Cooking, All about Breakfast & Brunch by I.S.Rombauer, M.R.Becker and E. Becker